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A comprehensive approach

Westfield Family Dentistry provides patients with quality, individualized care

Preventive dental care such as routine checkups, cleanings and X-rays improve your oral health and have a positive impact on a person's overall health and well-being. At Westfield Family Dentistry, Dr. Paul Arfanis and his experienced dental team are committed to providing exceptional dental care for the entire family using up-to-date treatment in dentistry.

The established practice — located at 228 Saint Paul St. — specializes in general/preventative and restorative care, and cosmetic dental procedures and implant dentistry. The experienced team at Westfield Family Dentistry also has been a certified Invisalign provider since 2003.

Dr. Arfanis maintains a unique and individualized approach to each patient's care at the family-oriented practice, striving to treat everyone as a whole person and provide a relaxed environment to reduce apprehension in every visit. Acknowledging that each patient and treatment plan is different, Dr. Arfanis takes the time at each appointment to thoroughly review each patient's concerns, questions and dental history, and make sure all treatment plans are explained and fully understood.

"I've always taken a very comprehensive, holistic approach to examinations and treatment," Dr. Arfanis said. "It's important that my patients and I are both on the same page when it comes to their health and treatment options. I find that a lot of people visit a dentist and afterward don't really know what the dentist did at their appointment. That is not the case in my practice. I thoroughly explain everything I am doing to my patients and educate them on their oral care. I view the relationship I have with my patients as



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a true partnership."

At the heart of Westfield Family Dentistry is its professional team, which shares Dr. Arfanis' commitment to providing quality, individualized care, and exceeding patient expectations. "Finding a team that you can trust is one of the most important aspects of selecting a dental care provider. Every member of my staff brings knowledge, compassion and efficiency to the office. We have many long-time patients and are always excited to get to meet and welcome new patients as well," he said.

Even with the best oral care, dental emergencies often arise at the most unexpected moments, and Westfield Fam-

ily Dentistry addresses these situations in a timely and efficient manner. "In these situations, patients know that they can call me at any time, and I will answer them personally," Dr. Arfanis said.

Dr. Arfanis grew up on Long Island, N.Y. He pursued an undergraduate education at Muhlenberg College in Pennsylvania and received a dental degree from Georgetown University School of Dentistry in Washington, D.C. He completed a residency for dental implants at the Misch Institute in Michigan. Dr. Arfanis began his career in Washington, D.C., moving to New Jersey in 1980. He opened a private practice in New York City and a second location in New Jersey. In 1989, he moved to Westfield and opened a private practice on Prospect Street before moving the practice to its current location in 1996.

Dr. Arfanis is a member of the American Dental Association, New Jersey Dental Association and the American Academy of Oral Medicine. He has been voted one of kids' "Favorite Doctors" by New Jersey Family magazine. Active in the local community, Dr. Arfanis is a member of the Optimist Club of Westfield and is involved with Downtown Westfield Corp. He also participates in local Habitat for Humanity projects and enjoys performing in community theater productions.

Westfield Family Dentistry is open Monday and Thursday from 8 a.m. to 3 p.m., Tuesday and Wednesday from 1 to 8 p.m., and every other Saturday from 8 a.m. to 1 p.m. For more information, call 908-232-0074, email njdentist@hotmail.com or visit westfielddds.com.

— Lori Crowell